

**SPIROMETRY REFERRAL FORM**  
**COPD/ASTHMA/OTHER SCREENING**

APPT DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

PATIENT NAME: \_\_\_\_\_ DOB: \_\_\_\_\_

PHN: \_\_\_\_\_ PHONE: \_\_\_\_\_

DIAGNOSIS: \_\_\_\_\_

TRANSLATION SERVICE REQUIRED? YES / NO SPECIFY \_\_\_\_\_

INFECTION PRECAUTIONS? YES/NO SPECIFY \_\_\_\_\_

Date: \_\_\_\_\_ Ordering physician \_\_\_\_\_

CC: \_\_\_\_\_ Family physician: \_\_\_\_\_

CC \_\_\_\_\_ Billing number: \_\_\_\_\_

**SPIROMETRY (check required test)**

**SUGGESTED INITIAL TESTING (Confirmation Of Diagnosis)**

- Pre and Post bronchodilator  
 Includes flow/volume loops

**FOR FOLLOW UP**

- Simple spirometry, no bronchodilator  
 Includes flow/volume loops

\*If more detailed testing is required, please refer to the respiratory services outpatient requisition

**Physician Signature:** \_\_\_\_\_

**PATIENT INSTRUCTIONS What do I have to do before this test?**

- Please arrive 15 minutes prior to your appointment
- Avoid a heavy meal 2 hours prior to test
- Avoid smoking 4 hours before a test
- Avoid vigorous exercise 1 hour before a test
- Avoid alcohol 4 hours prior to test
- Avoid wearing clothing that restricts the chest and abdomen
- Do not wear fragranced products (perfume, cologne, shower gels etc)

**Withhold medications (if possible) as follows:**

Short Acting Inhalers	Ventolin, Salbutamol, Bricanyl, Airomir, Berotec	4 hours before test
Medium Acting Inhalers	Atrovent	4 hours before test
Long Acting Inhalers	Oxeze, Serevent, Symbicort, Advair, Foradil Spiriva, Singulair, Accolate	12 hours before test
Theophylline Therapy	Once daily	12 hours before test
Inhaled Steroids	Flovent, Pulmicort, QVAR, Beclomethazone	Take as usual

SITE	Drop In	ADDRESS PHONE NUMBER	CLINIC/LAB HOURS	BOOKING INFORMATION	SITE	Drop In	ADDRESS PHONE NUMBER	CLINIC/LAB HOURS	BOOKING INFORMATION
Abbotsford Regional Hospital and Cancer Center (ARHCC)	No	32900 Marshall Road Abbotsford, BC V2S 0C2 P: 604 851 4700 x 642328	Tuesday – Friday 0800-1700	FAX requisition to 604-851-4852	Lion's Gate Hospital Pulmonary Function Lab	No	231 East 15th Street North Vancouver B.C. V7L 2L7 P: 604-984-5888	Monday – Friday 0800 – 1700	FAX requisitions to 604-984-3766
Burnaby Hospital	No	3935 Kincaid St Burnaby BC V5G 2X6 P: 604-431-2839	PF LAB Mon-Fri 0700-1600 Spirometry Clinic M,T,F 0900-1400 W,Th 0900-1800	Phone to book appointment 604-431-2839	Lion's Gate Hospital Portable Clinic	No	c/o 231 East 15 <sup>th</sup> Street North Vancouver B.C. V7L 2L7 P: 604-984-5888	RT available to test in GP offices 1 day/week	Barb Moore, RRT: 604-988-3311 ext. 4954
Chilliwack General Hospital	No	45600 Menholm Road Chilliwack, BC V2P 1P7 P: 604-795-4141 x 614254	Monday – Friday 0800-1600	FAX requisition to 604-795-4161	Mount St Joseph Hospital	No	3080 Prince Edward St. Vancouver, BC V5T 3N4 P: 604-877-8528	Monday – Friday 0900 – 1700	FAX requisitions to central fax number, 604-806-8544
Delta Hospital	No	5800 Mountain View Blvd Delta, BC V4K 3V6 P: 604-946-1121x 3523	Monday – Friday 0900-1600 Occasional Saturdays and evenings	FAX requisition to 604-952-7353	Richmond Hospital	No	7000 Westminster Highway Richmond, BC V6X 1A2 FAX 604-244-5274	Tuesday – Friday 0800 – 1700	Phone to book appointment P: 604-244-5124
Eagle Ridge Hospital	No	475 Guildford Way Port Moody, BC V3H 3W9 P: 604-469-3175	2 appointments daily Mon - Fri	FAX requisition to 604-469-3220	St Paul's Hospital	No	1081 Burrard St. Vancouver, BC V6Z 1Y6 P: 604-806-8333	Monday – Friday 0800 – 1600	FAX requisitions to central fax number, 604-806-8544
					St Paul's Hospital Drop in Sessions	YES	1081 Burrard St. Vancouver, BC V6Z 1Y6 P: 604-806-8333	Monday – Friday 1245 – 1530	Drop in Only – please bring requisition form
Langley Memorial Hospital	No	22051 Fraser Hwy Langley, BC V3A 4H4 P: 604-514-6081	Monday-Thursday 1100-1430 Fri 0800-1430	FAX requisition to 604-533-6454	UBC Hospital	No	Koerner Pavilion S103 2 <sup>nd</sup> Floor 2211 Westbrook Mall Vancouver BC V6T 2B5 F: 604-822-7903	Tuesday – Thursday 0830 – 1800	Phone to book appointment P: 604-822-7255
Mission Memorial Hospital	No	7324 Hurd Street Mission, BC V2V 3H5 P: 604-814-5176	Monday – Friday 1000-1500	FAX requisition to 604-820-8730	UBC Drop in Business hours	YES	Koerner Pavilion S103 2 <sup>nd</sup> Floor 2211 Westbrook Mall Vancouver, BC V6T 2B5 P: 604-822-7903	Monday – Friday 0800 – 1600	Drop in – please bring requisition form
Peace Arch Hospital	No	1552 Russell Ave White Rock, BC V4B 2R4 P: 604-535-4500 x 757226	Monday-Friday 0800-1630	FAX requisition to 604-541-5867	UBC Drop in After hours, weekends	YES	Urgent Care Centre 2211 Westbrook Mall Vancouver, BC V6T 2B5	Monday – Friday 1600 – 2100 Saturday & Sunday 0800 – 2100	Drop in – please bring requisition form
Ridge Meadows Hospital	No	11666 Laity Street Maple Ridge, BC V2X 7G5 F: 604-463-1887	Monday - Friday 0700 - 1900	Phone 604-463-1820 to book appointments	VGH Lung Center Spirometry Drop In	YES	Gordon & Leslie Diamond Health Care Centre, 7 <sup>th</sup> Floor 2775 Laurel St. Vancouver, BC V5Z 1M9 P: 604-875-4324 F: 604-875-4695	Tuesday – Friday 0830 – 1200 1230 – 1600	Drop in only – please bring requisition form
Royal Columbian Hospital	No	330 E Columbia Street New Westminster, BC V3L 3W7 P: 604-520-4035	Mon- Th 0630-1900 Fri 0630-1700 Some Saturdays and Sundays 0700-1900	FAX requisition to 604-520-4910	VGH Pulmonary Function Lab Drop in Sessions	YES	Centennial Pavilion Ground Floor 899 West 12 <sup>th</sup> Ave. Vancouver, BC V5Z 1M9 P: 604-875-4830 F: 604-875-5695	Drop in ONLY: Mon 1230 – 1530 Wed 0930 – 1200	Drop in only - please bring requisition form
Surrey Memorial Hospital Charles Barham Pavilion Enter from 94A Ave	No	13750 96 Avenue Surrey, BC V3V 1Z2 P: 604-585-5970	Mon-Fri 0800-1800 Some Saturdays 0830-1600	FAX requisition to 604-585-5922	VGH Pulmonary Function Lab	No	Centennial Pavilion G-Floor 899 West 12 <sup>th</sup> Ave. Vancouver, BC V5Z 1M9 P: 604-875-4830 F: 604-875-5695	Monday – Friday 8:00 – 1700	Phone to book appointment P: 604-875-5695